



Tour de Keuka FAQs

Safety first.

Please review [New York State laws](#) for bicyclists prior to your ride. **Helmets are required.**

What time will the ride start?

Your start time depends on the ride you selected:

100-mile ride goes off at **7 a.m.**

60-mile ride goes off at **9 a.m.**

45-mile ride goes off at **9 a.m.**

Where does the ride start from?

Tour de Keuka starts and ends at the Hammondsport Fire Station, 8521 New York State Route 54, Hammondsport, NY 14840. There's plenty of parking and even a public beach nearby if you have family that want to await your return.

How soon should I arrive?

We recommend arriving **about an hour before** your ride starts to give yourself time to check in, make sure your bike is ready and have some breakfast before you head out on your ride.

Will there be rest stations along the ride?

Yes, there will be rest stations and water stops along the way. All rest stations will have fresh fruit, salty snacks, cold water and sports drinks. Rest stations will also have restrooms and/or port-o-potties. (If you don't see a restroom, ask a volunteer.)

Where are the rest stops?

Check out the [2026 Tour de Keuka ride map](#) to see where the rest stops on your ride are located.

Will there be support in case of a flat tire, etc.?

Yes! Tour de Keuka will have SAG (support and gear) vehicles driving back and forth along the routes to help with breakdowns. Look for the cars with the yellow flags. Some parts of the course will have ride marshals on bicycles, too.

What about food before and after the ride?

Riders can fuel up at the start of the ride with **complimentary** bagels, fruit, juice, nuts, and more. Following the ride, a **complimentary** lunch will be available. Plus, we'll have wine and beer tastings and other treats to celebrate your ride! Did we mention this is **complimentary** for riders?

Is the course marked?

Yes! The courses are marked with Tour de Keuka directional signs. In addition, we have large course maps at each rest stop. You can also view your ride, download the route to your device, and/or download a cue sheet. Look in the **Notes** section of the [registration page](#) for your ride or [click here](#).

What about the weather?

If only we knew! We ride **rain or shine**. Please know your limits and hydrate, hydrate, hydrate! We will have water and sports drinks at the start/finish and all rest stations. You may want to **bring sunscreen, sunglasses, and bug spray**.

How long can I be out on the course?

The start/finish area will close by 5 p.m. Riders must start at their assigned start times -- 7 a.m. (100) or 9 a.m. (45 and 60).

Tell me about the fundraising requirement.

Tour de Keuka is a great time, but more importantly it's a fundraiser in support of United Way of the Southern Tier. All riders agree to raise at least \$150 in addition to their registration fee.

Learn more about [United Way of the Southern Tier](#).

How do I get a jersey?

Only riders who raise at least \$350 will get a free Tour de Keuka jersey. The jerseys are not available for purchase.

How do I fundraise?

Once you register, you'll get a fundraising webpage that includes pre-filled email messages and social media links. You can personalize the page with your photo and your own message. After you have the page set up the way you want, email the link to family, friends, and colleagues and ask them to support your participation with a donation.

I received some cash donations. What do I do?

Please DO NOT bring cash to the event. If you have received cash donations for your ride, you have two options:

1) Make a donation equal to the amount of cash received using a credit card on the fundraising website.

OR

2) Bring a **SINGLE** check to event registration made out to United Way of the Southern Tier. (If your donors have written checks to United Way of the Southern Tier, you can bring those to registration as well.)

What is the refund policy?

Your registration is non-refundable. Fundraising donations are also non-refundable; they will go to United Way of the Southern Tier.

Can I switch to a different ride on ride day?

Yes! Just let us know your plan so we're not looking for you on a course you're not riding.

Can I ride an e-bike on the course?

Yes, you can! Please note, however, outside of tires and tubes, we won't have equipment to service your e-bike in our SAG (support and gear) vehicles.

Can I ride my recumbent bike on the course?

Yes, you can!

What about a fixed gear bike?

We strongly caution against riding a fixed gear bike (fixie) on Tour de Keuka. The ride, whichever route you choose, involves hills; fixies aren't good for climbing (up) or coasting (down). **A geared bike is recommended for Tour de Keuka.**

What about a BMX bike?

Again, we strongly caution against riding a BMX bike on Tour de Keuka. BMX bikes are designed for short bursts, such as tricks and racing. It is not a good fit for Tour de Keuka. **A geared bike is recommended for Tour de Keuka.**

Can I ride my time trial bike on the road course?

Yes, you can!

Can children ride in Tour de Keuka?

- Age requirement is 7 years and up (as of ride day). Children between the ages of 7-12 must ride a tandem or tag-a-long bike with adult guardian.
- All children under the age of 18 must have an adult guardian with them at all times on the route.
- An adult must sign waiver of liability on behalf of any child under age 18.
- Child and guardian are both required to meet the fundraising minimum.

What about trailers or child/pet carriers?

No trailers, child carriers or pet carriers are allowed on the ride.

Do you have a question we didn't answer here? [Email us!](#)

Updated 4.14.2026