



Southern Tier Senior Support Network focuses on:

- Helping seniors age safely in their homes
- Addressing social isolation and loneliness
- Providing home-delivered meals & transportation services
- Expanding home health care services
- Offering assistance with the activities of daily living

2023 Highlights:



1,841

Seniors were able to remain in their homes and safely age in place



1,553

Seniors received nutritious food and a social connection through meal programs



610

Seniors received in-home assistance with the activities of daily living

**United Way
of the Southern Tier**

